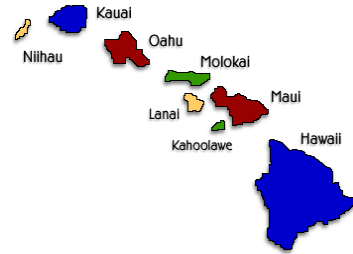


**INFORMATION FOR OLDER ADULTS
WHO WANT TO VISIT OR RELOCATE
TO THE STATE OF HAWAII**

(Rev. June, 2006)



There is much about the 50th State to appreciate and enjoy, and many “malihini” or newcomers are happily retired here. Because so many older adults seek information about retirement in Hawaii, we have prepared the following information to help in their decision making before visiting or moving to our State.

Not everyone adjusts easily to our cost of living (in competition with Alaska for highest in the nation) nor to our different lifestyles and multi-ethnic population. Housing costs are among the nation’s highest as are food and utility costs. Some feel that Hawaii is very much like a foreign country. Therefore, we recommend that you do at least two things to determine whether your retirement years would be best spent in Hawaii.

First, plan how you will meet your long term needs and wants for retirement.

No matter where you live, there are important questions that you should answer. For example, will your income be adequate, given Hawaii’s high costs? Or, will you require employment to supplement your social security or pension income? Will you enjoy living in a multi-ethnic community, where Asian and

Pacific Islander Americans make up two-thirds of the State’s population? Will you be happier living in an urban or rural setting? What are your contingency plans for major illness, accident, or even loss of a spouse? What are your interests for recreation, leisure, or continued education? In other words, what will you need to do to have the kind of lifestyle with which you’ll be happiest?

Second, find out as much as you can about life in Hawaii before you move here permanently.

A list of suggested readings has been included for you in this handout. Your local library or bookstore can also be consulted for additional references, as can our major dailies – The Honolulu Advertiser or Honolulu Star Bulletin. Most important, we highly recommend a visit to Hawaii so you can do some firsthand research. You can get more information and get some feeling about what it might be like to live here. You can find out whether your retirement income is enough to keep you independent and comfortable for twenty to thirty years.

A visit would also give you the opportunity to:

- Visit by car or public transportation, neighborhoods in which you would like to reside.
- Contact a real estate agency of the Hawaii Realtors Association for purchasing, rental, and financing options.
- Call the telephone, electric, gas, and cable utilities for information about services, installation, and monthly rates.
- Check out job opportunities at an employment service office of the State Department of Labor and Industrial Relations.
- Visit private retirement residences which are listed on page 4. There are very few in Hawaii, many are for persons with higher incomes, and these have long waiting lists.
- Visit long term care and medical facilities and get their daily rates, meet their staff, get information about available services, and check out the environment.
- Tour supermarkets and shopping centers and check on the prices of food, everyday goods, and personal items.
- Check special interest activities such as sports, recreation, entertainment, crafts, and education.
- Visit senior centers and attend senior club meetings. Hawaii also has local chapters of the American Association of Retired Persons (AARP), National Retired Teachers Association (NRTA), National Association of Retired Federal Employees (NARFE), and other national organizations.
- Consult your health insurance providers regarding necessary policy transfers or changes.
- Check the local telephone directories for listings of services and merchants, most which offer senior citizen discounts.
- Contact the Executive Office on Aging or an Area Agency on Aging for information and referral services (pages 4-5).

The Executive Office on Aging (EOA) advocates for an independent, healthy and rewarding lifestyle for all older adults. We are here to serve you. Please call, write, or e-mail the EOA if you require further assistance (see “State Unit on Aging” on page 4).

HELPFUL INFORMATION

<p><i>Social Security Benefits and Medicare</i></p> <p>Call the Social Security Administration at 1-800-772-1213 regarding your change of address and continuation of Social Security, Medicare, and other benefits.</p>	<p><i>State of Hawaii Data Book & Pamphlets</i></p> <p>Dept. of Business, Economic Development, & Tourism (DBEDT) P.O. Box 2359 Honolulu, HI 96804 (808) 586-2423; Fax (808) 587-2790 www.hawaii.gov/dbedt</p>
<p><i>Daily Newspapers (Statewide Circulation)</i></p> <p><u>The Honolulu Advertiser</u> P.O. Box 3110 Honolulu, HI 96802 (808) 525-8090; Fax (808) 525-8037 www.honoluluadvertiser.com</p> <p><u>The Honolulu Star Bulletin</u> 7 Waterfront Plaza, Suite 210 500 Ala Moana Blvd. Honolulu, HI 96813 (808) 529-4700 www.starbulletin.com</p>	<p><i>Employment</i></p> <p>Dept. of Labor and Industrial Relations (DLIR) Workforce Development Division 830 Punchbowl Street, Room 112 Honolulu, HI 96813 (808) 586-8700; Fax (808) 586-8822 www.hawaii.gov/labor</p> <p><i>Taxation</i></p> <p>Dept. of Taxation P.O. Box 259 Honolulu, HI 96809 (808) 587-4242 or 1-800-222-3229 Fax (808) 587-1488 www.hawaii.gov/tax</p>
<p><i>Financial, Food Stamp and Medical Assistance</i></p> <p>Department of Human Services (DHS) 820 Mililani Street, Suite 606 Honolulu, HI 96813 (808) 643-1643 www.hawaii.gov/dhs/</p>	<p><i>Subsidized Housing Applications</i></p> <p>Housing and Community Development Corporation of Hawaii (HCDCH) 677 Queen Street, Suite 300 Honolulu, HI 96813 (808) 587-0524 www.hcdch.hawaii.gov</p>

<p><i>Retirement and Assisted Living Residences</i></p> <p>Arcadia Retirement Residence 1434 Punahou Street Honolulu, HI 96822 (808) 941-0941; Fax (808) 949-4965 www.arcadia-hi.org</p> <p>Harry & Jeanette Weinberg Senior Residence at Maluhia 1111 Hala Drive Honolulu, HI 96817 (808) 842-1082 www.geocities.com/2bc4u/Maluhia</p> <p>Hawaii Kai Retirement and Assisted Living Community 428 Kawaihae Street Honolulu, HI 96825 (808) 395-9599 www.seniorlivinginstyle.com/hawaiikai/community.html</p> <p>Kahala Nui Life Care Retirement Community 4389 Malia Street Honolulu, HI 96821 (808) 218-7200 www.kahalanui.com</p> <p>Olaloa Retirement Community 95-1050 Makaikai Street Mililani, HI 96789 (808) 626-2323</p> <p>One Kalakaua Senior Living 1314 Kalakaua Avenue Honolulu, HI 96826 (808) 983-4400 www.1kalakaua.com/1k-Index.htm</p> <p>Pohai Nani Good Samaritan Retirement Community 45-090 Namoku Street Kaneohe, HI 96744 (808) 247-3448; Fax (808) 236-2001 Toll Free 1-866-247-3448 www.pohainani.org</p>	<p><i>Retirement and Assisted Living Residences— continued</i></p> <p>Ponds at Punaluu P.O. Box 909 Hauula, HI 96717-9985 (808) 293-1100 x224 www.pondsatpunaluu.com</p> <p>The Plaza at Punchbowl (Assisted Living) 918 Lunalilo St. Honolulu, HI 96822 (808) 792-8800 www.punchbowlretirement.com</p> <p><small>*This listing does not imply any endorsement by the EOA. It is provided for information purposes only. Please call residences directly.</small></p> <p><u><i>State Unit on Aging</i></u></p> <p>Executive Office on Aging (EOA) No. 1 Capitol District 250 South Hotel Street, Suite 406 Honolulu, HI 96813-2831 (808) 586-0100; Fax (808) 586-0185 www4.hawaii.gov/ea Email: ea@doh.hawaii.gov</p> <p><u><i>Area Agencies on Aging</i></u></p> <p>County of Kauai, Agency on Elderly Affairs 4444 Rice Street, Suite 330 Lihue, HI 96766 (808) 241-4470; Fax (808) 241-5113 www.kauai.gov/Default.aspx?tabid=57</p> <p>City and County of Honolulu Elderly Affairs Division 715 South King Street, Suite 200 Honolulu, HI 96813 (808) 523-4545; Fax (808) 527-6895 www.elderlyaffairs.com</p>
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Area Agencies on Aging—continued

Maui County Office on Aging
Department of Human Concerns
200 South High Street, Room 420
Wailuku, HI 96793
Information & Referral: (808) 270-7774
Fax: (808) 270-7935
[www.co.maui.hi.us/departments/
Housing/aging.htm](http://www.co.maui.hi.us/departments/Housing/aging.htm)

Hawaii County Office of Aging
101 Aupuni Street, Room 342
Hilo, HI 96720
Information & Referral: (808) 961-8600
Fax: (808) 961-8603
[http://www.hawaii-county.com/directory/
dir_aging.htm](http://www.hawaii-county.com/directory/dir_aging.htm)



Suggested Reading Materials

Living and Retiring in Hawaii: The 50th State in the 21st Century by James R. and Diane Smith, 2002.

Affordable Paradise, The Secrets of an Affordable Life in Hawaii by H. Skip Thomsen, 2001

So You Want to Live in Hawaii by Toni Polancy, 1999